Occupational Safety and Health Council – Training Course on General Safety for Domestic Helpers

There are quite a number of Hong Kong families employing domestic helpers to help with their household chores. Both the employers and the domestic workers shall attach importance to household chore safety. This course aims at providing domestic helpers with key occupational safety and health knowledge and related precautionary measures for accident prevention.

Course Content

1. Responsibilities of employer and domestic helper on occupational safety and health
2. Control measures for common hazards in household chores
3. Reporting of accidents
4. Basic first aid techniques
5. Demonstration and use of personal protective equipment
6. Case studies and discussion

Course Duration: 3.5 hours

Instruction Language

English supplemented with Chinese course material / Cantonese with Dutch interpretation and English course material.

Prerequisites

Ability to read and write in English / Dutch.

Course Fee: $160

Enquiries for the course:
2311 3322

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Foreign Domestic Helpers - Safety Requirements for Cleaning Outward-facing Windows

Effective from January 1, 2017, the Standard Employment Contract for foreign domestic helpers (FDHs) includes a new clause on cleaning outward-facing windows to safeguard the occupational safety of FDHs.

The new clause stipulates that, when an employer requires the FDH to clean the outside of any window which is not located on the ground level or adjacent to a balcony (on which it must be reasonably safe for the helper to work) or common corridor, this must be performed under the following two conditions:

1. The window being cleaned is fitted with a grille which is locked or secured in a manner that prevents the grille from being opened.
2. No part of the FDH’s body extends beyond the window ledge except the arms.

Employers who engage FDHs under contracts signed in 2016 or before are strongly urged to follow the above requirements to ensure the occupational safety of FDHs.